

AMERICAN SOCIETY FOR TESTING AND MATERIALS 100 Barr Harbor Dr., West Conshohocken, PA 19428 Reprinted from the Annual Book of ASTM Standards. Copyright ASTM

# Standard Practice for Corrosion Fatigue Testing of Metallic Implant Materials<sup>1</sup>

This standard is issued under the fixed designation F 1801; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon  $(\epsilon)$  indicates an editorial change since the last revision or reapproval.

## 1. Scope

- 1.1 This practice covers the procedure for performing corrosion fatigue tests to obtain *S-N* fatigue curves or statistically derived fatigue strength values, or both, for metallic implant materials. This practice describes the testing of axially loaded fatigue specimens subjected to a constant amplitude, periodic forcing function in saline solution at 37°C and in air at room temperature. The environmental test method for implant materials may be adapted to other modes of fatigue loading such as bending or torsion. While this practice is not intended to apply to fatigue tests on implantable components or devices, it does provide guidelines for fatigue tests with standard specimens in an environment related to physiological conditions.
- 1.2 The values stated in SI units are to be regarded as the standard.
- 1.3 This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.

#### 2. Referenced Documents

- 2.1 ASTM Standards:
- E 4 Practices for Force Verification of Testing Machines<sup>2</sup>
- E 466 Practice for Conducting Force Controlled Constant Amplitude Axial Fatigue Tests of Metallic Materials<sup>2</sup>
- E 467 Practice for Verification of Constant Amplitude Dynamic Loads on Displacements in an Axial Load Fatigue Testing Machine<sup>2</sup>
- E 468 Practice for Presentation of Constant Amplitude Fatigue Test Results for Metallic Materials<sup>2</sup>
- E 739 Practice for Statistical Analysis of Linear or Linearized Stress-Life (S-N) or Strain-Life ( $\epsilon$ -N) Fatigue Data<sup>2</sup>
- E 1012 Practice for Verification of Specimen Alignment Under Tensile Loading<sup>2</sup>
- E 1150 Definitions of Terms Relating to Fatigue<sup>2</sup>
- F 86 Practice for Surface Preparation and Marking of Metallic Surgical Implants<sup>3</sup>
- F 601 Practice for Fluorescent Penetrant Inspection of Me-

- G 15 Terminology Relating to Corrosion and Corrosion Testing<sup>4</sup>
- 2.2 ANSI Standard:

ANSI B46.1 Surface Texture<sup>5</sup>

# 3. Terminology

- 3.1 Definitions:
- 3.1.1 The terminology used in conjunction with this practice complies to Terminology E 1150 and Terminology G 15.
  - 3.2 Definitions of Terms Specific to This Standard:
- 3.2.1 *S-N curves—S-N* curves (also known as Wöhler-curves) show the correlation between the applied stress (*S*) and the counted number (*N*) of cycles to failure.

### 4. Significance and Use

- 4.1 Implants, particularly orthopedic devices, are usually exposed to dynamic forces. Thus, implant materials must have high fatigue resistance in the physiological environment.
- 4.1.1 This practice provides a procedure for fatigue testing in a simulated physiological environment. Axial tension-tension fatigue tests in an environmental test chamber are recommended as a standard procedure. The axial fatigue loading shall comply with Practice E 466 and Practice E 467.
- 4.1.1.1 Bending and rotating bending beam fatigue tests or torsion tests may be performed in a similar environmental cell.
- 4.1.2 This practice is intended to assess the fatigue and corrosion fatigue properties of materials that are employed or projected to be employed for implants. This practice is suitable for studying the effects of different material treatments and surface conditions on the fatigue behavior of implant materials. The loading mode of the actual implants may be different from that of this practice. Determining the fatigue behavior of implants and implant components may require separate tests that consider the specific design and loading mode.
- 4.1.3 As a substitute for body fluid, 0.9 % saline solution is recommended as a standard environment. One of the various Ringer's solutions or another substitute for body fluid may also be suitable for particular tests. However, these various solutions may not give equal fatigue endurance results. The chloride ions are the most critical constituent in these solutions in initiating corrosion fatigue.

tallic Surgical Implants<sup>3</sup>

<sup>&</sup>lt;sup>1</sup> This practice is under the jurisdiction of ASTM Committee F-4 on Medical and Surgical Materials and Devices and is the direct responsibility of Subcommittee F04.19 on Corrosion of Implant Materials.

Current edition approved April 10, 1997. Published April 1998.

<sup>&</sup>lt;sup>2</sup> Annual Book of ASTM Standards, Vol 03.01.

<sup>&</sup>lt;sup>3</sup> Annual Book of ASTM Standards, Vol 13.01.

<sup>&</sup>lt;sup>4</sup> Annual Book of ASTM Standards, Vol 03.02.

<sup>&</sup>lt;sup>5</sup> Available from American National Standards Institute, 11 W. 42nd St., 13th Floor, New York, NY 10036.

- 4.1.4 Because implants are manufactured from highly corrosion resistant materials, no visible corrosion may be detectable by optical or electron-optical (SEM) means. Only a decrease of fatigue strength in the high cyclic life range may be noticeable. Therefore, S-N curves covering a broad fatigue loading range should be generated in 0.9 % saline solution (Ringer's solutions) and air. Comparison of fatigue curves generated in air and saline solution may be the only way to assess the effect of the saline environment.
- 4.1.5 Where the fatigue behavior of a material system is already established, it may suffice to test modifications of the material properties or surface condition in only a selected stress range.
- 4.1.6 The recommended loading frequency of one Hertz corresponds to the frequency of weight-bearing during walking. For screening tests, higher test frequencies may be used; but it must be realized that higher frequencies may affect the results.
- 4.1.7 Summary of Standard Conditions—For interlaboratory comparisons the following conditions are considered as the standard test. Axial tension-tension tests with cylindrical specimens in 37°C 0.9 % saline solution and air under a loading frequency of 1Hz.

# 5. Testing Equipment

- 5.1 The mechanics of the testing machine should be analyzed to ensure that the machine is capable of maintaining the desired form and magnitude of loading for the duration of the test (compare Practice E 4).
  - 5.2 Axial Fatigue Testing:
- 5.2.1 Tension-tension fatigue tests may be performed on one of the following types of axial fatigue testing machines:
  - 5.2.1.1 Mechanical,
  - 5.2.1.2 Electromechanical or magnetically driven, and
  - 5.2.1.3 Hydraulic or electrohydraulic.
- 5.2.2 The machine shall have a load-monitoring system, such as a transducer mounted in series with the specimen. The test loads shall be monitored continuously in the early stage of the test and periodically thereafter, to ensure that the desired load is maintained. The magnitude of the varying loads, measured dynamically as described in Practice E 467 shall be maintained within an accuracy of less than or equal to 2 % of the extreme loads applied during testing.
- 5.3 Non Axial Fatigue Testing—Corrosion fatigue tests under loading conditions different from axial tension-tension may be requested. In such cases established experimental arrangements for bending, rotating bending beam, or torsional testing may replace the axial tension-tension mode. An environmental test chamber is attached to the equipment and the environmental tests are carried out under conditions as described in this standard. Except for the mechanical testing arrangements the conditions of this standard practice apply where possible. Reporting should follow Section 9 and should include all details where the testing deviates from the standard procedure.
  - 5.4 Environmental Chamber:
- 5.4.1 For corrosion fatigue testing, the machine shall be fitted with an environmental test cell surrounding the specimen gauge section as shown in Fig. 1. A heated solution reservoir,

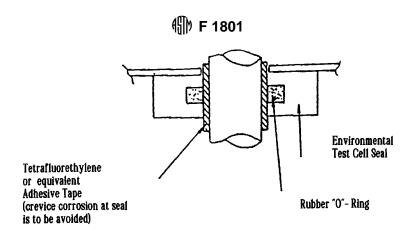
- a solution pump, and connecting lines for circulating the test solution to the specimen surface are required. The solution should be pumped from the reservoir through the system at a rate that will maintain the temperature at  $37 \pm 1^{\circ}$ C in the test cell, but with flow rates low enough to avoid flow-dependent phenomena like erosion-corrosion. The reservoir should have a minimum capacity of 1000 mL per square centimeter of specimen surface exposed to the electrolyte. The reservoir shall be vented to the atmosphere. If the solution volume decreases, the reservoir shall be replenished with distilled water to maintain the saline concentration, or the solution should be exchanged. During long testing periods exchange of the solution is recommended. A typical environmental test cell for axial fatigue testing is shown in Fig. 1.
- 5.4.2 The test equipment should be manufactured of materials or should be protected in a manner that corrosion is avoided. In particular galvanic corrosion in conjunction with the test specimen and loosening of the specimen grips due to corrosion must be excluded.

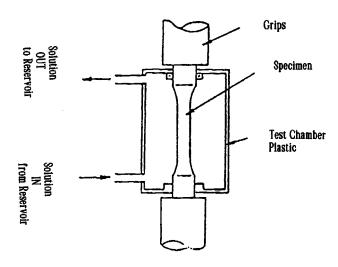
### 6. Test Solution

6.1 To prepare the saline solution, dissolve 9 g of reagent-grade sodium chloride in distilled water and make up to 1000 mL. If other typical Ringer's solutions are used, note the solution in the report.

# 7. Test Specimen

- 7.1 Specimen Design:
- 7.1.1 Axial Fatigue Testing:
- 7.1.1.1 The design of the axial load fatigue test specimens should comply to Practice E 466 (see Fig. 2, Fig. 3, Fig. 4 and Fig. 5). For the dimensional proportions of flat specimens refer to the drawing in Practice E 468. The ratio of the test section area to end section area will depend on the specimen geometry and should comply to those standards. The test specimens specified in Practice E 466 and Practice E 468 are designed so that fatigue failure should occur in the section with reduced diameter and not at the grip section.
- 7.1.1.2 For bending tests one may refer to the specimen configuration suggested in Practice E 466.
- 7.1.1.3 To calculate the load necessary to obtain the required stress, the cross-sectional area of the specimen test-section must be measured accurately. The dimensions should be measured to the nearest 0.03 mm (0.001 in.) for specimens less than 5.00 mm thick (0.197 in.), and to the nearest 0.05 mm (0.002 in.) for specimens more than 5.00 mm thick (0.197 in.). Surfaces intended to be parallel and straight should be carefully aligned.
- 7.2 Specimen Dimensions—Consult Practice E 466 and Practice E 468 for the dimensions of fatigue specimens for axial tension-tension loading (Fig. 2, Fig. 3, Fig. 4, and Fig. 5). If bending specimens corresponding to the example of Practice F 466 are used, observe the suggested dimensions.
  - 7.3 Specimen Preparation:
- 7.3.1 The method of surface preparation and the resulting surface condition of the test specimens are of great importance because they influence the test results strongly. Standard preparation shall consist of machining, grinding, or polishing, or all of these. A final mechanical polish is suggested to give a





The top of the environmental chamber may be kept open

FIG. 1 Example for Environmental Chamber for Axial Corrosion Fatigue Testing

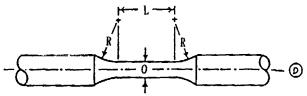


FIG. 2 Specimens With Tangentially Blending Fillets Between the Test Section and the Ends

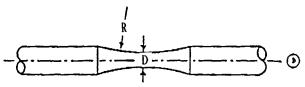


FIG. 3 Specimens With a Continuous Radius Between Ends

finish of 16 Min RA or less in accordance with ANSI B46.1. Alternatively a finish with 600 grit paper in the longitudinal direction may be used. However, specimens that are to be compared should be prepared the same way. Mechanically finished specimens must then be degreased in acetone, flushed first with ethyl alcohol, then with distilled water, and finally blown dry with warm air.

- 7.3.1.1 Surface passivation may be carried out where appropriate (compare Practice F 86).
- 7.3.1.2 The surface preparation may be also exactly such as used or intended to be used for surgical implants. A full account of the surface preparation should be given in the test protocol.
- 7.3.2 All specimens used in any given series of experiments, including comparison between air and liquid environment,

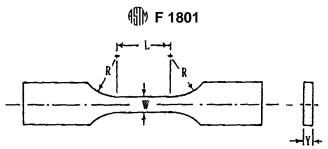


FIG. 4 Specimens With Tangentially Blending Fillets Between the Uniform Test Section and the Ends

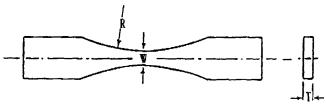


FIG. 5 Specimens With Continuous Radius Between Ends

should be prepared with the same geometry and by the same method to ensure comparable and reproducible results. Regardless of the machining, grinding or polishing method used, the final mechanical working direction should be approximately parallel to the long axis of the specimen to avoid notch effects of surface grooves.

- 7.3.3 Fillet undercutting and the introduction of residual stresses into the specimen must be avoided. Both effects can be caused by poor machining practice. Fillet undercutting can be identified by visual inspection. The introduction of unwanted residual stresses can be avoided by careful control of the machining process.
- 7.3.4 Specimens that are subject to surface alterations under ambient conditions shall be protected appropriately, preferably in an inert medium or exsiccator- to prevent surface change until beginning of the test.
- 7.3.5 Visual inspections at a magnification of approximately 20× shall be performed on all specimens. When such inspections reveal potential defects, nondestructive dye penetrant, ultrasonic methods, or other suitable tests may be employed. Dimensional inspection should be conducted without altering or damaging the specimen's surface. Specimens with surface defects should not be used for testing. Inspection should take place prior to final surface cleaning.
- 7.3.6 Immediately prior to testing, the specimens may be steam sterilized at a temperature of  $120 \pm 10^{\circ}\mathrm{C}$  and a pressure of 0.10 MPa (14.5 psi) to simulate the actual implant surface conditions. Specimens shall be allowed to cool to room temperature prior to testing. This sterilizing procedure is not mandatory. If it is used, it should be employed consistently in test series that are related and should be reported in the test protocol.
- 7.3.7 In the liquid environmental testing, the time elapsed between surface preparation and testing can influence the results due to the growth of a passive film. The elapsed time should thus be reported.

## 8. Procedure

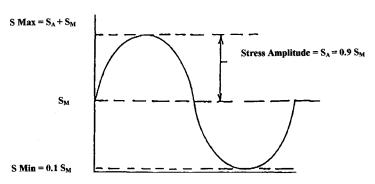
- 8.1 Test Set-Up:
- 8.1.1 Specimen grips must be designed so that alignment is consistently good from one specimen to the next. Every effort

- should be made to prevent misalignment, due either to twist (rotation of the grips) or to a displacement in their axes of symmetry.
- 8.1.2 For axial fatigue testing, alignment should be verified according to Practice E 4, Practice E 467, and Practice E 1012.
  - 8.2 *Test Conditions*:
- 8.2.1 The environment shall be air at room temperature or 0.9 weight % NaCl solution at  $37 \pm 1$ °C. The pH should be measured before and after the test is begun and should be monitored in 24 h intervals, and at the end of the test.
- 8.2.1.1 The specimens should be exposed to the liquid environment 2 h prior to the start of the cyclic loading.
- 8.2.2 Mechanical test conditions for tension-tension, constant amplitude loading are shown in Fig. 6, with an "A" ratio equal to 0.9 or an "R" value equal to 0.053. Other values for  $S_{\text{max}}$  and the A and R ratios may be used, but must be reported.
- 8.2.2.1 The fatigue test should be carried out at a frequency of 1 Hz. Preliminary screening may be performed at a frequency of 30 Hz. While this is a relatively high frequency for implant applications, it allows rapid elimination of those candidate materials that have particularly poor fatigue or corrosion fatigue properties. Materials that appear satisfactory when tested at 30 Hz shall be retested at 1 Hz.
- 8.2.3 A minimum of three specimens at each chosen stress level shall be tested to yield an S/N curve that covers at least the range of  $10^4$  to  $10^6$  cycles, in case of uncertainties more specimens must be tested. Specimens shall be loaded to stress levels that allow the development of an S/N curve both within and outside of this life cycle range. Thus, specimens should be tested at a minimum of five different stress levels. It is recommended that specimens of materials intended to be used for prostheses are loaded up to  $10^7$  cycles. When statistical methods of fatigue testing are used  $^{6.7}$ , a minimum of six samples per stress level must be tested.
- 8.2.4 Each test shall be continued until the specimen fails, unless it appears that the stress is below the fatigue endurance

<sup>&</sup>lt;sup>6</sup> Manual on Statistical Planning and Analysis of Fatigue Experiments, ASTM STP 588, Little and Tebe, eds.

<sup>&</sup>lt;sup>7</sup> Statistical Analysis of Fatigue Data, ASTM STP 744, Little and Ekvall, eds.





"A" Ratio = 
$$\underline{S_A} = 0.90$$
  
 $\underline{S_M}$ 

"R" Ratio =  $\underline{S Min} = 0.053$ 

## **DEFINITIONS**

SYMBOL	DESCRIPTION	<b>FORMULA</b>
S Min	Minimum Stress	S Min = $0.1 S_M$
S Max	Maximum Stress	$S Max = S_A + S_M$
$S_{M}$	Mean Stress	$S_{M} = \underline{S Max + S Min}_{2}$
$S_R$	Stress Range	$S_R = S Max - S Min$
$S_A$	Stress Amplitude	$S_A = \frac{S_R}{2} = \frac{S Max - S Min}{2}$
"R"	Stress Ratio	R = S Min S Max
"A"	"A" Ratio	$A = \underline{S}_A$

FIG. 6 Loading Conditions

limit. Failure is defined as complete separation. If this definition does not apply in cases where the axial tension-tension mode is not chosen, the failure criteria need to be reported.

# 9. Report

- 9.1 Specimen characteristics and preparation, fatigue test procedures, and results shall be reported in accordance with Practice E 468. The following minimum information and data shall be reported for each combination of environment and loading frequency:
  - 9.1.1 *Material Indentification*:
  - 9.1.1.1 Chemical composition,
- 9.1.1.2 Production process (casting, forging, extruded bar etc.),
- 9.1.1.3 Mechanical/thermal processing (cold worked, annealed, etc.),
  - 9.1.1.4 Microstructure, and
  - 9.1.1.5 Specification data (if appropriate).
  - 9.1.2 Material Properties:

- 9.1.2.1 Ultimate tensile strength,
- 9.1.2.2 Yield strength,
- 9.1.2.3 Elongation at failure, and
- 9.1.2.4 Hardness.
- 9.1.3 Type of Specimen:
- 9.1.3.1 Shape of specimen and dimensions,
- 9.1.3.2 Machining method,
- 9.1.3.3 Surface condition and preparation, and
- 9.1.3.4 Sterilization (if used).
- 9.1.4 Fatigue Test Program:
- 9.1.4.1 Type of fatigue test,
- 9.1.4.2 Statistical approach and analysis,
- 9.1.4.3 Significant variations,
- 9.1.4.4 Type of machine,
- 9.1.4.5 Failure criterion, and
- 9.1.4.6 Wave form and frequency.
- 9.1.5 Environmental Conditions:
- 9.1.5.1 Ambient laboratory air temperature and humidity.



- 9.1.5.2 Time elapsed between specimen preparation and exposure to test solution.
- 9.1.5.3 Dimensions of environmental chamber, composition of test solution, reservoir volume, flow rate, solution temperature, pH values and timing of pH measurements.
- 9.2 The fatigue test results shall be presented graphically as *S/N* curves for each combination of environment and loading frequency; the curves shall show the failure points of each specimen, and the criteria for curve development as shown in Fig. 1 of Practice E 468. The following data should be obtainable from each S/N curve:
  - 9.2.1 The fatigue strength at 10 000 and 100 000 cycles,
  - 9.2.2 The fatigue strength at 1 000 000 cycles,
  - 9.2.3 Indication of fatigue limit if possible, and
- 9.2.4 The report of fatigue strength at 10 000 000 cycles is suggested in cases where the material is intended to be used for prostheses.
  - 9.3 If special statistical test methods are employed, the data

shall be presented in correspondence to that method.

#### 10. Precision and Bias

- 10.1 Precision:
- 10.1.1 Precision can be assessed only after interlaboratory tests have been carried out and the results are tabulated.
- 10.1.2 For verification of specimen alignment and loading of testing machines see Practice E 1012 and Practice E 467, respectively.
- 10.2 *Bias*—No statement can be made as to bias of this practice since no acceptable reference values are available, nor can they be obtained because of the destructive nature of the tests.

# 11. Keywords

11.1 corrosion fatigue; metallic implant materials; physiological environment

## APPENDIX

## (Nonmandatory Information)

### X1. RATIONALE

- X1.1 This practice provides a practice for the assessment of the corrosion fatigue behavior of metallic materials intended to be used in body environment.
- X1.2 To evaluate the effect of the environment, fatigue tests must be performed in air and in the environment under otherwise exactly the same conditions. This may be achieved by testing in parallel in units with identical loading arrangements, or consecutively on the same testing unit.
- X1.3 The physiological environment is simulated by 0.9 % saline solution at  $37 \pm 1^{\circ}$ C temperature. Of significance in this test solution is the chlor ion concentration. Regarding metal corrosion, this is the most aggressive species which is contained in the body fluid in about the same concentration.

Furthermore, the  $0.9\,\%$  isotonic saline solution is used in surgery for irrigation.

- X1.4 Other species of the physiological environment such as proteins can have inhibitory effects that counteract the chlor ion activity.
- X1.5 The effect of the environment on the fatigue resistance may be very mild and without any morphological signs of corrosion. The environment may only influence the fatigue life by some effects on the growth or deterioration of the passive film on the metal surface.
- X1.6 Environmental effects may be only observed in certain sections of the Wöhler curve.

The American Society for Testing and Materials takes no position respecting the validity of any patent rights asserted in connection with any item mentioned in this standard. Users of this standard are expressly advised that determination of the validity of any such patent rights, and the risk of infringement of such rights, are entirely their own responsibility.

This standard is subject to revision at any time by the responsible technical committee and must be reviewed every five years and if not revised, either reapproved or withdrawn. Your comments are invited either for revision of this standard or for additional standards and should be addressed to ASTM Headquarters. Your comments will receive careful consideration at a meeting of the responsible technical committee, which you may attend. If you feel that your comments have not received a fair hearing you should make your views known to the ASTM Committee on Standards, 100 Barr Harbor Drive, West Conshohocken, PA 19428.